

The Spiritual Christian's Potential Harmonious-Glorious Life Style

Introduction: God's children are led into trials, allowed to be tempted; but the Heavenly Father graciously supplies all the Christian's needs to live an abundant life. How? What? When?

I. The Fruit from the Spirit and Accompanying Traits In The Spiritual Christian

A. Inner Traits of the Spiritual Christian – Eph. 5:18-21

1. *Giving Thanks:* an appreciation for God the Father's grace expressed by the spiritual Christian to the Triune God both in and out of trials and the various circumstances of the Christian life.

a. Thankfulness (well-graced appreciation) is a state and a communication:

1) Being thankful is a state of mind belonging to the spiritual Christian. Thus, it is a condition produced by the Holy Spirit, and accompanies being filled by the Spirit, Eph. 5:20.

2) Expressing thankfulness is a communication to the Triune God by a spiritual Christian, Phil. 1:3.

b. Thankfulness (well-graced appreciation) will not exclude:

1) Being righteously angry, Eph. 4:26

2) Being contentious for the faith, Jude 3

3) Being not submissive to legalistic teachers, Gal. 2:4

4) Righteously rebuking an elder in sin, 1Tim. 5:19-20

5) Righteous vengeance, Rom.12:17-21; 2 Th. 1:6

2. *A Singing Heart:* an inner (mental) expression of worship and praise by the spiritual Christian to the Triune God that affects the mind and determinations, Eph. 5:18.

3. *A Submissive Heart:* an inner (mental) determination to submit to other Christians to the Triune God's glory, Eph. 5:21.

- a. Different kinds of submission:
 - 1) ὑποτάσσω – to arrange under for benefit
 - 2) ὑπέικω - to yield under
 - 3) ἔνοχος - to be held in
 - 4) ὑποταγή - to be subjected
- b. Contrasted to submission to:
 - 1) Slave masters
 - 2) Governmental leaders
 - 3) Unsaved husbands

NOTE: *All of these inner traits will be associated with the Fruit from the Spirit, thus when the spiritual Christian directs love, or joy, or peace, etc. they will also at the same time be expressing thankful appreciation, worship, praise, and submission. These inner traits of spirituality will work harmoniously with all the nine aspects of the Fruit from the Spirit.*

B. The One Fruit from the Spirit Produced in the Spiritual Christian, Gal. 5:22-23.

Note: *The Fruit from the Spirit is to be held in distinction to similar traits expressed by people in the pre-Old Testament and the Old Testament or by unsaved people, (if an unregenerate person is doing it, then it is not an aspect of the Fruit of the Spirit).*

1. **LOVE:** is the supernatural ability to possess an other centered mental attitude that produces actions for the maturity of other Christians, even to the point of self sacrifice, John 13:34, 15:13.
2. **JOY:** is a supernatural mental ability to accept and be pleasantly satisfied with God's will for the Christian (past, present and future) without resentment or frustration, James 1:2. It is not to be confused with happiness.
3. **PEACE:** is a supernatural unruffled mind that is able to confront circumstances or any eventuality to the Triune God's glory, John 14:27.
 - a. Worry/Anxiety – Phil. 4:4-7
 - b. Agitation – John 14:1-6
 - c. Fear – 1 John 4:18-19
 - d. Cowardness – 1 Tim. 1:7; Eph. 6:10-18
 - e. Unrighteous determinations – Phil. 4:7
4. **Longsuffering:** is a supernatural condition of the mind to be far from heat, whereby the spiritual Christian can hold the temper (heating up of the emotional mind to an outward explosive

expression) towards those Christians being unreasonable or objectionable, 1 Pet. 3:20.

- a. Longsuffering is not Everlasting Suffering!, 2 Pet. 3:9
 - b. The Christian is exhorted to be righteously angry!, Eph. 4:26
 - c. Longsuffering may be expressed towards unsaved people while having the election of God in view, 1 Tim. 1:15, 16; 2 Tim. 2:10; Acts 8:15-18.
5. *Kindness* (gentleness, KJV): Is a supernatural ability to have a sweetness of temperament that keeps from inflicting pain or offense towards another that puts others at ease, Rom. 2:4.
- a. Related to spiritual Christians –
 - b. Related to carnal Christians –
 - c. Related to the unsaved –
6. *Goodness*: Is a supernatural ability to be mentally satisfied and have an inner pleasure over who and what the Christian is and does being God's child and son. It results in an outward expression of happiness, Mt. 19:16, 17.
7. *Faith*: Is defined in Hebrews 11:1, the substance of things hoped for, the evidence of things not seen, thus the supernatural mental ability to believe and act upon the promises from the Triune God given to the Christian.
8. *Meekness*: is a supernatural tameness of spirit (the rational part of the mind) that keeps the mind directed at the objective without distractions. Thus, an objectivity of mind that can restore other Christians while keeping yourself from being likewise tempted, Gal. 6:1.
- a. Related to spiritual Christians –
 - b. Related to carnal Christians –
 - c. Related to the unsaved –
9. *Self-control*: is the supernatural ability to control the physical appetites occupying the mind so that they do not hinder the spiritual Christians service for the Triune God and be disapproved, 1 Cor. 9:24-27.
- a. Related to spiritual Christians –
 - b. Related to carnal Christians –
 - c. Related to the unsaved –

C. Outworking of the Fruit from the Spirit by the Maturing Christian

1. The Fruit from the Spirit must become the spiritual Christian's fruit (appropriated), John 15:1-14.
2. The Fruit from the Spirit must be directed by the spiritual Christian.
 - a. Righteous – 1 John 3:10-12
 - b. Unrighteous – 1 John 2:14
 - c. Satanic counterfeits – 2 Cor. 11:13, 14.
 - d. Self discernment – 1 Cor. 2:15; Gal. 6:1
3. The Fruit from the Spirit will be accompanied by thankful appreciation, praise, worship, and submission, Eph. 5:18, 19.

II. Words Concerning The Mental Well-being of the Christian

- A. Joy – a supernatural aspect of the Fruit from the Spirit (see outline 1B2)
~ χαρά : Gal. 5:22

~ χαίρω : Phil. 4:4
- B. Contentment – (sufficient, self sufficient) learned traits
~ ἀρκέω : 1 Tim. 6:8

~ αὐτάρκεια : 1 Tim. 6:6

~ αὐτάρκης : Phil. 4:11
- C. Exultation – a jubilant exulting gladness, a learned trait
~ ἀγαλλίασις : 1 Pet. 1:6-8
- D. Gladness – well minded, merry minded, a learned trait
~ εὐφροσύνη : Acts 2:28, 14:17
- E. Sufficient – minded to have enough, a learned trait
~ ἰκανός : 2 Cor. 2:6, 16, 3:5

F. Happy – delight in ones being, learned traits

~ μακάριός : 1 Tim. 1:11, 6:15

~ μακαρισμός : Gal. 4:15

~ μακαρίζω : James 5:11

G. Blessed – spoken well of, an expression from another

~ εὐλογία : Eph. 1:3

~ εὐλογέω : Eph. 1:3

~ εὐλογητός : 1 Pet. 1:3

~ ἐνευλογέω : Gal. 3:8

H. Peace – unruffled, a supernatural aspect of the Fruit from the Spirit

~ εἰρήνη : Eph. 2:17; John 14:27

~ εἰρηνεύω : 2 Cor. 13:11; 1 Th. 5:13

~ εἰρηνοποιέω : Col. 1:20

~ εἰρηνοποιός : Mt. 5:9

~ εἰρηνικός : Heb. 12:11; James 3:17

Conclusion: A Christian has the potential to bring their mind into a limited harmony with the heavenly Father's mind, and choice to be a co-worker with God in a glorious godly life style.

